

Message from the President



Pictured after the City of Whitehorse Awards Ceremony were (l – r) Beverley and Lindsay Glen, Elsie Mutton with the Award, Elaine Forde, Mayor Cr Denise Masoud, Noela Winter and Leo Sargent.

Welcome to the new U3A year

Term 1 started well with a very busy first week as new members familiarised themselves with the Silver Grove precinct. Many thanks to everyone volunteering at the office for helping settle everyone into their classes. It is most encouraging to see the enthusiasm among our members for U3A and the appreciation they express for the work our volunteers do.

As a wholly volunteer organisation, we are lucky to have so many dedicated members who are willing to give up their time for the benefit of their fellow members. This includes class leaders, office volunteers, Management Committee, Communications & Publicity Committee, and Social Committee and all of the other volunteers who act as class monitors, look after our tea and coffee supplies, do the filing and everything else it takes to keep U3A running smoothly.

Whitehorse Community Awards

U3A Nunawading was one of five recipients of a Community Achievement Award presented by the Mayor Cr Denise Masoud at the Australia Day Ceremony at the Whitehorse Centre on 26 January. The award was in recognition of the contribution U3A Nunawading makes to the Whitehorse community. Thanks to Vice President Elsie Mutton for accepting the award on our behalf and to the other committee members who represented us on the day. Special thanks, of course, to Leo Sargent for preparing our submission.

Summer School

Our two weeks of special activities each January are an opportunity of learning new skills, gaining new knowledge and visiting new places. All of our 2017 Summer School activities were enjoyed by our members who like to engage in these 'one off' classes during the long summer break.

Many thanks to Lorraine Sterling and the Summer School Committee for another varied and enjoyable program. For more details and photos please refer to page 6.

Guest Speaker & Outings Program

The Term 1 talk by Shirley Hardy-Rix speaking about her trip with her husband Brian around the world on a motorbike proved to be very popular with approximately 70 members attending. The tour of Parliament House was fully booked with a waiting list within two weeks of being announced. Please see the list of other speakers and outings planned for the remainder of the year on page 2. Many thanks to Elaine Forde for arranging these special events, which are proving to be very popular.

New Community Hub

In late February, Elsie and I attended the second workshop organised by Whitehorse Council with the architects of the new facility. There were 23 organisations represented at the meeting, all of whom currently use the facilities at Silver Grove. Consultation will continue for some months as plans are finalised. U3A, along with all of the other tenants, have been encouraged to give plenty of feedback on what we need and how we might use the new facility to best advantage including the outside space. The recently appointed landscape architects were also in attendance and talked about the green space around the building which will incorporate Tunstall Park. It will come as no surprise to U3A members that additional parking was the number one issue everyone wanted to discuss. *(Cont. over page)*

Message from the President (Cont)

Social Events

The Social Committee is busy planning social events for this year. In Term 2 they will be presenting another of their highly successful Film Afternoons, this time focussing on glamour and music. Please refer to page 7 for details. We all appreciate how much work goes into these events by

a small band of very committed volunteers.

New Webmaster

Helen Smith, one of our Computer Leaders, has taken over the role of webmaster. She is doing a great job already, updating information promptly to ensure members can get the latest news on special events

coming up. I would like to thank Tom Wong on behalf of the Committee and all members for his many years as our Webmaster. Tom is now heavily involved in U3A Network Victoria as their Treasurer.

Live, Learn & Enjoy with U3A Nunawading
Valerie Donlon
President

U3A NUNAWADING 2016 BRIDGE CHAMPIONS



Champion pair Chula and Vassa Na Ranong receiving their award from President Valerie Donlon with Bridge Class Leader Garnet Edwards. In second place were Ly and Hannah Pham, and in third place were Kwai Harding and Mark Hua. Margaret Miller was the Individual Champion.

Exercise for Men

The Fundamental Men's Exercise 2 class (17EXE002) still has some vacancies, so why not start 2017 with some regular exercise at U3A?

The aim of this class is to maintain muscle strength, increase core strength and balance while having fun moving to music mostly from the 60's. There is no requirement to perform complicated moves.

The class includes a warm up, functional exercise with and without weights and includes the use of Therabands. It can include Boxing, or Medicine Ball activities, in pairs or teams. Sessions end with a Cooldown, some Core Exercises and a Stretch.

Classes are held in the Jaycees Hall on Wednesdays from 1.30 – 2.30pm each week. Come and join us and get fit while having some fun.

Liz Shave
Class Leader

SOMETHING NEW FOR 2017

This year your Committee of Management is introducing a program of having a guest speaker and an outing each term.

DATES FOR YOUR DIARY:

SPEAKERS: All sessions will be held at 4.30pm in the Seniors Hall and are free of charge.

Thursday 25th May: Kristin Stegley, OAM, Chairman of the National Trust of Victoria, will speak on the Trust's work in Victoria safeguarding our Heritage Buildings.

Thursday 31st Aug: The Hon. Justice David Harper, AM, whose subject will be "The Work of a Judge and all that goes with it"

Thursday 26th Oct: Martin Murley from Kids Under Cover, will speak on the "Work being done to Prevent Youth Homelessness"

OUTINGS: Costs, meeting locations and times will be advised at the time of booking.

Friday 12th May: Cranbourne Gardens

Friday 11th Aug: Jazz Museum, Wantirna

Friday 20th Oct: Tour of The Shrine of Remembrance

Sunday 26th Nov: Portarlington by ferry and a tour of local wineries

PLEASE NOTE: Full details and bookings will be available at the Reception Desk at Silver Grove in the weeks prior to each event. Bookings can also be made by telephoning 9878 3898.

Course Administrator's Report



Welcome to the U3A Nunawading year. What a busy start to the year we have had in the Coordination area. A number of you enrolled in classes online with no problems whilst a few enrolled, ticked the relevant class box but did not confirm your selection. This meant that your class selection did not register and you were not placed in the class of your choice. Please make sure that if you select a class you confirm your selection. If you have enrolled in a class and have not received acknowledgement of your request, advise the office and we will follow up. If you have been placed on a waitlist for a class you will be notified as soon as a place becomes available.

Most classes have commenced without any problems. There are some classes that have large numbers. If you are enrolled in a class and find you cannot attend on a regular basis, please withdraw from the class to allow another member from the waitlist to attend. Apologies may be registered either in person or by telephoning 9878 3898 or emailing admin@u3anunawading.org.au. If you miss three weeks of a class that you have been accepted into and we have not received an apology, your place in the class may be given to another member.

This year in Term 1 we are offering 210 general classes and 15 computer classes. Computer classes for Term 2 are listed in this newsletter and our website. We added a number of new classes after the booklet was printed; all are now full except for Laughter Yoga.

Welcome back Leaders Ian Grandy, Joe Lau, Jim Youngman, Lyn Elliott and also

new Leaders Colin Carter, Gabrielle P, Betsy Gumma, Gillian Wainwright, Ian Cook, Tony Tossel, Rita Chew, Martie Turner, Bev Baseden, Kay Senyard, Val Lynch, Judy Hall, Liz Hooper, John Finlayson and Johanna Schumacher.

We were fortunate that Paulina, Leader of the Zumba class encouraged Betsy to be a Leader and we are now able to offer a second Zumba class. To prove how popular Zumba is this second class is fully subscribed. Thanks also to Lesley, Leader of the Tai Chi 3 class who because of demand for her class, is taking a second Tai Chi class and Yvonne, Leader of the Yoga 2 has agreed to take a second Yoga class. This has enabled a large number of members who were on waitlists to now attend. Thank you, Ladies.

Reminders:

Name Badges: You must wear your name badge at all times whilst attending U3A Nunawading class/s or when you are on the premises. If you do not have a name badge please come to the office and one will be produced for you. Make sure you complete the details on the back of the badge.

Change of enrolment or contact details: If you wish to make a change to your contact details you can do this online by using your Membership Number and password. Once you have logged in, go to *Edit My Details*; this will take you to the screen where you can edit your personal details. Don't forget to save your changes. If you wish to select a new class log in and go to View Courses and you can make your selection by ticking the relevant box and don't forget to confirm your selection. You will receive a message advising if you are accepted into the class or waitlisted. If you wish to withdraw from a class, fill in an orange form available from the Silver Grove office or send an email to admin@u3anunawading.org.au. You cannot delete yourself or anyone else from a class. No email address, no problem. Use the system of filling in an orange form available from the office. If you have enrolled in an additional class do not attend until you have received a message to advise that you are accepted into the class.

Contact details: Your email address listed on your membership form will be the main way in which we will contact you. Please check your email messages regularly and don't forget to check your junk mail.

Questions we are frequently asked:

Q. Why do I need to wear my name badge?

A. Wearing your name badge means you belong to U3A Nunawading. It also gives us instant information in the event of us needing to contact your emergency contact person whilst at U3A Nunawading.

Q. If I am called on to mind children can I bring them to class?

A. Regrettably, this is not allowed.

Q. Can I pay my computer fee at the computer centre Forest Hill?

A. No. When you book into a computer class online you can pay using your credit card or you can pay at the Silver Grove office. You must pay any computer class fees before attending the first class.

Q. Why does the car park have a four hour restriction?

A. The City of Whitehorse has helped us by making the car park four hours. This prevents train users from filling the car park before 9am. Do not park in the handicapped marked bays unless you have permission. You may now park in some of the Meals on Wheels bays from 1pm (refer to new signs). Do not stay longer than the four hour limit or you may receive a parking fine. We cannot do anything for you if this happens.

Q. Is U3A Nunawading run entirely run by volunteers?

A. Yes. All the members you see in the reception, administration area and Leaders give of their time freely.

Q. Is it acceptable to have a personal electronic gadget e.g. mobile phone on whilst in a class?

A. As a sign of respect to your class members and Leaders who give of their time to volunteer you are asked to turn all electronic devices off or to silent whilst in class.

Q. Is the kiosk/tea/coffee area located in the Community Centre for U3A use?

A. Yes. Melinda Brown the centre manager sets this up for all users of the centre. 40 cents for tea/coffee. Please leave the area clean and tidy.

Q. Is the kitchen outside of room 3 available for general members?

A. No. This area is reserved for staff and is not a general member eating area unless you have prior permission.

Hope this helps with your understanding of how U3A Nunawading operates.

May you continue to Live Learn Enjoy with U3A Nunawading

Elsie Mutton

Course Administrator

Leaders' End-of-Year Lunch



The Committee of Management hosted Class Leaders and key volunteers for lunch at the Box Hill Town Hall in December to say 'thank you' for the wonderful range of classes being offered by our volunteer Leaders and the work done in other key roles that underpin our operations.

This is a great opportunity to get all of our more than 150 class leaders together at the one time to enjoy a social aspect of being a member of U3A. 'Retiring' Leaders received small gifts of appreciation and our two Ward Councilors Ben Stennett and Prue Cutts took the opportunity to say a few words to the guests about Council's activities.



New Classes commencing Term 2

17HUM010 Effective Communication:

Community Champions Training

Friday, 12.30 - 2.30pm, Room 9

Leader: Cheryl Barr

This 'hands on' course will give you more choices in the way you interact with friends, colleagues and other members of your community. Distinguish behaviours from judgements, determine who really owns the problem, identify 'road blocks' to effective communication, use active listening skills, be assertive, manage emotions in difficult situations, and manage tricky situations with confidence. Why do we say 'yes' when we really mean 'no'?

17ART006 Chinese Calligraphy

Tuesday, 1.30 - 2.45pm, Room 9

Leader: Patrick Kan

This is a 5-session introductory course into Chinese Calligraphy. The focus is on the techniques of using the Chinese brush, the composition of Chinese characters and the layout of a Calligraphic work. The compulsory materials for the course include the ink stone, the ink, two Chinese brushes, and 16 pieces of Chinese Calligraphic paper (Cost: \$28 payable to the Class Leader at the first session). If you were a member of this class in 2016 and would like to extend your knowledge you do not need to purchase any new equipment.

Class Leader Patrick Kan will have a personal art exhibition at the Chinese Museum in Little Bourke St in May. He was educated in art by his father and grandfather. Later he followed the distinguished teacher Mr Fu Sai Heng. Patrick is able to integrate metal work, woodwork, Chinese painting and Calligraphy in his art.

17CRA018 Cooking Made Easy

Monday 2.15 to 4.00pm, Anglers Rooms

Leader: Vivian Tang

This is a demonstration class. Vivian would love to share her simple cooking with everyone. The recipes are low in sugar and fat. See how to cook yummy delicious bread, puddings, cakes and deserts from Asia. This class is about having fun with friends whilst at the same time improving your cooking skills and learning to eat healthy treats. A small fee for ingredients will be payable each week.

17EXEM06 Self Defence

Thursday 12.30 to 1.30pm, Room 5 (commencing 20 April)

Leader: Tony Susac

Participants will learn self-defence techniques and awareness through theory and practical application as well as fitness, with the emphasis on maintaining and regaining balance, strength, mobility, cardio and flexibility.

The instructor has been a Taekwondo instructor for over 40 years. Class suitable for both women and men

17HIS004 British History

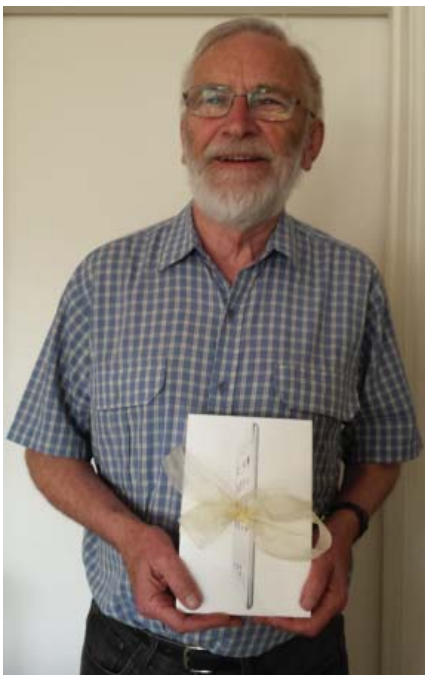
Tuesday 11.45 am - 1.15pm, Namatjira Room

(commencing 18 April)

Leader: Ivan Glynn

This course will begin with the Dark Ages and focus on the way the Monarchy developed in Britain.

The Rewards of Singing



In the first semester of 2016, the U3A Nunawading Choir was visited by Susan Maury, a PhD Candidate in the School of Psychological Sciences, Monash University. She was studying the benefits of social group membership and wanted to use our choir as a source of data for her research. Many members of the choir agreed to take part. We were asked to fill in a questionnaire, the first of three surveys to be carried out during the year. As an incentive for participants to complete all surveys, they would become eligible to win a mini iPad at the end of the year. Allan Brownrigg was surprised and delighted to be the lucky winner and is shown here with his prize.

German Social Group

If you are a member of any Nunawading U3A German class, speak German, or just have an interest in Germany, you are invited to join us for excursions such as movies, eating out and other excursions with a German flavour. There will be one or two outings each term. Last year we enjoyed lunch at the Hophaus in Southbank, a visit to the Immigration Museum, an Oktoberfest, and a film and dinner during the German Film Festival.

If you are already on the contact list, you will continue to receive notice of upcoming events.

Otherwise, please leave a message for Jenny Graham at the U3A office with your name, phone number and email address.

2017 Summer School

Summer School at U3A Nunawading was once again a happy, successful time for those members wishing to enjoy special classes and excursions during the summer break following our full-year class program.

Many laughing faces and happy comments were obvious as members left the various activities and classes.

The Summer School committee put together 54 activities for this year's Summer School. There was a mix of excursions, visiting speakers from various organisations, and classes from some of our own Leaders. We had 700 attendances during six days in mid-January,

The Summer School Committee is grateful to the volunteers who operated the Front Desk during these days – there were a surprising number of queries and enrolments at this time.

I would like to thank all the committee members who worked together for six months to organise these activities and supported the Summer School by leading classes and being available to assist during January.

Lorraine Sterling

Summer School Convenor



1. Outdoor Archery 2. Visit To Rippon Lea 3. Textile Art 4. Beaded Jewellery 5. Indoor Archery 6. Visit to Islamic Museum.



GLAMOROUS MOVIES

Saturday 6th May 2017

SENIORS HALL

Show Time --- 1 p.m SHARP

Featuring

Live Rock 'n' Roll & Tap Dancing



DELICIOUS AFTERNOON TEA

Buy your Ticket at U3A Reception

LIMITED SEATS --- Book Early

\$15 PER PERSON

Bookings close: 2nd May 2017

U3A Nunawading Inc.

Term 2, 2017

Computer Class Descriptions

18th April to 23rd June (10 weeks)

Please note that a fee of \$20.00 is levied on some classes – payable prior to commencing the class

<p>17COM211 WHAT'S NEW IN WINDOWS 10 (A) 20th April to 11th May (4 weeks) Thursday 1.00 to 3.00 \$20 fee Graeme Hilson</p>
<p>17COM213 WHAT'S NEW IN WINDOWS 10 (B) 24th April to 15th May (4 weeks) Monday 10.00 to 12.00 \$20 fee Graeme Hilson</p> <p>Windows 10 Operating System is here and is now supplied with new computers as well as being offered to all PC users on earlier Operating Systems. This class will bring you up to speed, whether you are new to computers or have used the older versions of Windows. The good news is that it is not difficult to learn and by the end of this course you will regard Windows 10 as a familiar friend.</p> <p>PREREQUISITES: Should be experienced in using a computer and have good keyboard and mouse skills. BYO (USB) memory stick</p>
<p>17COM201 PHOTO EDITING 18th April to 16th May (4 weeks) Tuesday 10.00 to 12.00 \$20 fee Archie Kaan</p> <p>Come and learn how to enhance, brighten and bring out the best in your photographs with freely available software. Class members are encouraged to bring their photos on a USB memory stick and learn the art of photo editing.</p> <p>PREREQUISITES: Be experienced in using a computer with good keyboard and mouse skills. BYO (USB) memory stick.</p>
<p>17COM233 KEEPING UP TO DATE WITH YOUR COMPUTER 24th April to 22nd May (5 weeks) Monday 1.00 to 3.00 \$20 fee Wayne Henry</p> <p>Based on Windows 10 and Microsoft Word this course will keep you up-to-date with your PC and its associated Applications. We will look at what goes on inside the computer and how it manipulates and stores information. We will demystify some of the jargon, explain unfamiliar terms and explore the difference between "Drives", "Directories", "Folders", "Applications" and "Files". We will use the power of MS Word to create interesting documents through the use of templates, the addition of graphics (e.g., photographs) and the powerful but easy-to-use formatting and editing tools of Word. We will access and incorporate information from a variety of resources including the Internet and, finally, save our work to an appropriate location or share it with others.</p> <p>PREREQUISITES: Should have experience in using your computer and be familiar with your keyboard and mouse. BYO (USB) memory stick.</p>
<p>17COM217 GETTING MORE OUT OF YOUR IPAD 21st April to 19th May (5 weeks) Friday 10.00 to 12.00 \$20 fee Tony Widdows</p> <p>This an INTERMEDIATE level course, for those who have learned how to use their iPads but who want to learn some tips and tricks to make their devices even more useful or want to refresh and hone their skills. This 5 weeks course covers the iPads' main functions as covered in the Beginners course but will be explored in greater depth.</p> <p>PREREQUISITES: Students should either have completed a U3A beginner class or be equally familiar with how to use the main functions of their iPad. Bring your own, fully charged iPad or iPad mini (not suitable for iPad 1) and ensure that its operating system (iOS) is up to date.</p>
<p>17COM207 IPAD for BEGINNERS 19th April to 31st May (7 weeks) Wednesday 1.00 to 3.00 \$20 fee Tony Widdows</p> <p>This course is for those who are just starting out with their iPads. Come along and explore its built-in applications and the myriad number of third-party applications that makes your iPad a practical and fun tool. This seven week course will cover the iPad's main functions. Not suitable for Android Tablets (eg., Samsung, HTC, Bauhn etc.)</p> <p>PREREQUISITES: Please bring your own iPad or iPad Mini. (not suitable for an iPad 1). You must have set up your iPad with its Apple ID/password and ensure that its operating system (iOS) is up to date. Check this in the Settings App/General/Software Update.</p>

Term 2, 2017

Computer Class Descriptions (cont)

<p>17COM203 1st STEPS WITH YOUR APPLE IPHONE 18th April to 6th June (7 weeks) Tuesday 1.00 to 3.00 \$20 fee Helen Smith</p> <p>Make your iPhone a practical and fun tool. Learn to manage your mobile data usage as well as how to share photos, use mail and messaging, manage your contacts and browse the Internet. Tweak the settings to personalise your phone to your own style of working. Explore some of the extensive range of built-in and third party applications that can make your iPhone an indispensable tool and a source of fun as well.</p> <p>PREREQUISITES: Suitable for any iPhone but iPhone 5 and later are preferred as they can run the latest operating system (iOS 10). You must have an Apple ID and password and ensure your iPhone's operating system is up to date. Check this in the Settings App/General/Software Update</p>
<p>17COM219 RESEARCHING SHARES ON THE INTERNET (Continuing) 19th April to 24th May (6 weeks) Wednesday 10.00 to 12.00 \$20 fee Eric Kratzer</p> <p>You should have completed Researching Shares on The Internet (Beginners) or be experienced in using charts before joining this course. This course will teach you how to research, find important Company data, interpret charts & discuss the difference between fundamental & technical interpretations. Use a charting program to monitor your share trading. Does not include financial advice or recommendations for investing your savings.</p> <p>PREREQUISITES: Ability to efficiently use keyboard & mouse together with experience in using the Internet. Please bring a USB (memory) stick.</p>
<p>17COM209 MANAGING YOUR PHOTOS WITH GOOGLE PHOTOS 20th April to 4th May (3 weeks) Thursday 10.00 to 12.00 \$20 fee Michele Berner</p> <p>This is a repeat of Google Photos Term 1. Learn how to use Google Photos to back-up, edit, share, sync, sort and organize your photos from computers, smartphones and tablets. Learn how to edit and enhance your photos using free apps from both the Apple Store and Google Play Store. You must have a gmail account.</p> <p>PREREQUISITES: You may use the desktop PCs at the Computer Centre, or bring your <u>fully charged</u> smartphone, tablet or iPad depending on how you capture your photos. Your device should be running the latest operating system. A Gmail account is required to be installed on your iPad prior to commencement of the course.</p>
<p>17COM225 YOUR IPAD AS A USEFUL TRAVELLING COMPANION 29th May to 19th June (3 weeks) Monday 1.00 to 3.00 \$20 fee Wayne Henry</p> <p>This course will outline a number of tips and tricks to make the most of your iPad when travelling overseas. Use it to find and book accommodation and make travel arrangements on the go. Check the weather, keep track of your expenditure, and use it as a map or as a language translator. Keep in touch with family and friends back home. This course will also cover security and tips on how to keep your information safe in a potentially hostile environment.</p> <p>PREREQUISITES: The course is based on using an iPad, however, most of the information is potentially relevant for other brands of tablets (such as Samsung, HTC, Bauhn etc). Participants must have a fully charged device, must be familiar with how it works and be competent in navigating around it and downloading and using Apps.</p>
<p>17COM223 GENEALOGY – INTERMEDIATE USING THE COMPUTER 19th May to 23rd June (6 weeks) Friday 1.00 to 3.00 \$20 fee Maureen Francis with Graeme Davis</p> <p>This class follows on from Term 1 Genealogy for Beginners. Only those who have attended this class or have the relevant experience in researching their ancestors can be accepted into the class. Research will be focussed on Australia and the UK.</p> <p>PREREQUISITES: Should be experienced in using a computer and have good keyboard and mouse skills. BYO (USB) memory stick.</p>

Term 2, 2017

Computer Class Descriptions (cont)

No Charge

DEMONSTRATION & DISCUSSION SESSIONS

No Charge

17COM231 CLOUDS ARE GETTING USEFUL

7th June

Wednesday 1.00 to 3.00

Tony Widdows

How can we use so-called "Cloud Computing" to store and back up our data, photos and videos. Learn about Dropbox, Google Drive, Microsoft OneDrive, iCloud and the rest. This has been updated from similar 2016 presentations with new applications and more guidance on staying secure in the Cloud.

PREREQUISITES: Suitable for everyone who connects online by Windows or Mac computer, iPhone, iPad, Android phone and Android tablet.

17COM227 MANAGING PASSWORDS AND KEEPING THEM SAFE

20th June

Tuesday 1.00 to 3.00

Helen Smith

Every website you sign up to requires a password, whether you connect using your phone, tablet or computer. You know that you should use a different password for each but it's so hard to think of good passwords and even harder to remember them! This session will help you appreciate the risks involved with poor passwords and give you some strategies for creating safe and memorable ones without too much effort.

PREREQUISITES: Suitable for everyone who connects online by computer, iPhone, iPad, Android phone and Android tablet.

17COM229 ON-LINE SAFETY

13th June

Tuesday 1.00 to 3.00

Helen Smith

The internet is a great source of information, shopping and banking. But, how can you tell if information on the Internet is trustworthy? How do you protect yourself against online risks, such as phishing and hacking scams, malware and adware. What precautions should you take to ensure your privacy and safety? How best to pay for online shopping? This course will help you understand how to interact safely online.

PREREQUISITES: Suitable for everyone who connects online by computer, iPhone, iPad, Android phone and Android tablet

FREE 1 Hour Sessions

QUESTION AND ANSWER

FREE 1 Hour Sessions

17COM215 Questions and Answers (Q&A)

20th April, 4th May, 18th May, 1st June, 15th June

Thursdays 3.00 to 4.00

Graeme Hilson

Have you forgotten something? Do you need a reminder? Do you need help? Computer questions answered. This is free and it is not necessary to enrol prior to attending.

17COM205 iPhone and iPad Issues (Q&A)

18th April to 20th June (10 weeks)

Tuesdays 3.00 to 4.00

Helen Smith

For iPhone and iPad users who are looking for some help. Bring your (fully charged) iPhone or iPad and we'll talk through the issue. Don't forget to bring relevant passwords (e.g., Apple ID, email account). All attending can benefit from how others overcome problems. This is free and it is not necessary to enrol prior to attending.

U3A Nunawading Free Library

Did you know we have a library full of fiction and non-fiction books for you to borrow at Silver Grove?

Situated in the office area next to the entrance to the Namatjira Room there are shelves of books that have been donated by members for your reading pleasure.

To borrow, simply fill in your name and details of the book in the exercise book provided and fill in the date when you return the book.

Term 2, 2017

Computer Class Descriptions (cont)

GENERAL INFORMATION

- You must be a financial member of U3A Nunawading.
- For some courses a facility charge of \$20 is payable upon an invoice being issued to the member. It can be paid online or in person at the Silver Grove office prior to commencing the first session of your class.
- Prerequisites are set to ensure that your participation in any of the computer classes is an enjoyable and informative experience. Please read them carefully and ensure that you meet the prerequisites of your choice of class.

CLASS LOCATION

- Computer classes are held in the Computer Centre, Whitehorse Resource Centre, Level 1, 79 Mahoneys Road, Forest Hill.
- The computer room is located on Level 1 (use the stairs or take the lift). Once you have reached Level 1:
 - turn through the glass door on your right
 - **sign the log book** on the pedestal (OH&S requirement)
 - enter the Computer Room through the first door on your left.

COMPUTER EQUIPMENT

- The desktop operating system we use is MS Windows 10. We use MS Office 2013, Microsoft Edge (Windows 10 version of Internet Explorer) plus Outlook 2013 for email. To gain the most out of our computer classes it would be to your benefit to have these applications installed on your own computer.
- We do not teach Apple Mac computers. We provide PC desktop computers – please do not bring your laptop to class unless requested by your class leader.
- However, you will need to bring your Apple iPad or iPhone to the relevant class. Please ensure that they are fully charged and you have your Apple ID and password.
- Please ensure that you have created a gmail account if specified in the prerequisites for the class.

I Just Love It!



Colleen Paterson, a Volunteer on Reception Desk at Nunawading U3A

Nunawading U3A runs on the goodwill of many volunteers. In fact, there are no paid staff in the entire organisation. Everyone is a volunteer!

Colleen Paterson is one of 79 volunteers working on the Reception Desk at some time throughout the year. When I asked Colleen recently what she enjoys about this work, she quickly responded, “**I Just Love It!**” and went on to give the following reasons:

- she enjoys being helpful and doing something useful
- she’s met many lovely and interesting people
- U3A members are warm, friendly and appreciative
- it’s fun; she enjoys many laughs with others along the way
- there’s always a helpful Committee member to assist if she gets stuck on a curly question

Colleen’s final comment was “*No truer words were ever said - when you volunteer you always get more out of it than what you put into it. I thoroughly recommend it!*”

If you’ve been thinking about volunteering at Nunawading U3A, here’s some more reasons to enlist.

Research indicates that “*volunteerism and helping behaviour have not only been shown to improve mental health but physical health and longevity, attributable to the activity and social integration it encourages.*”

Volunteer Coordinator, Noela Winter is seeking 5 more volunteers for the regular roster (most volunteers come in once a month) and 4 people for the 5th week of the month (which occurs about 3 times per year, plus members willing to go on the Emergency List.

If you are interested in volunteering at Nunawading U3A, please contact Noela on admin@u3anunawading.org.au with the subject heading: Attention Noela Winter.

2016/2017 COMMITTEE of MANAGEMENT

President: Valerie Donlon Vice President & Course Administrator: Elsie Mutton Vice President: Colleen Skinner Secretary: Lorraine Sterling Treasurer: Barbara Worcester	Frank Baseden Paulina Chong Elaine Forde Barbara Gardiner Lindsay Glen Liz Hooper Andrew Lockwood Leo Sargent Noela Winter
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2017 KEY DATES

Date	Function
Saturday 6 May	Movie Afternoon
Wednesday 23 August	Annual General Meeting (no classes)
Tuesday 7 November	Melbourne Cup Day Luncheon (no classes)

Summer School: 10, 11 and 12, and 17, 18 and 19 January, 2018.

2017 TERM DATES

Term	Commences	Ends	Weeks	Public Holidays
1	Monday 6 February	Friday 31 March	8	Labour Day 13 March
2	Tuesday 18 April	Friday 23 June	10	Good Friday 14 April Easter Monday 17 April Anzac Day 25 April Queen's Birthday 12 June
3	Monday 17 July	Friday 22 September	10	
4	Monday 9 October	Friday 24 November	7	Melbourne Cup Tuesday 7 November (no classes on Monday 6 November)

Office Hours

During term Office Volunteers are on duty at our Silver Grove office from Monday to Friday 9.15am – 3.15pm. The office is closed during term breaks and on public holidays.

Contributions please!

We love to receive items for the Newsletter from Members and encourage you to consider writing a Letter to the Editor or a short article (100 to 300 words) about your involvement with U3A.

Articles should be submitted as Word documents and photos as jpeg files and emailed to admin@u3anunawading.org.au.

Publisher: U3A Nunawading Inc.
Editor: Liz Hooper
Email articles to: admin@u3anunawading.org.au

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Closing date for submissions to the next edition: **Friday 19 May, 2017.**